

Traffic Notes:
 Highway 49, Lotus Rd and Green Valley Rd can have moderate to heavy traffic – especially on weekends.
 Salmon Falls Rd is narrow from Folsom Lake to Hwy 49.

Miles

Directions

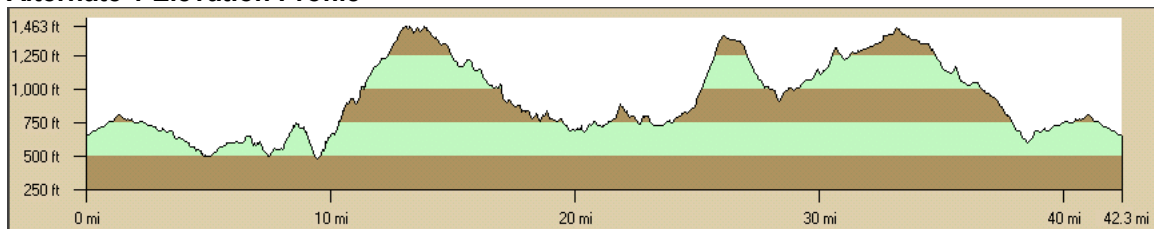
- 0.0 Start at corner of El Dorado Hills Blvd and Serrano Parkway. Head north on El Dorado Hills Blvd (away from Highway 50). Parking available nearby in shopping center.
- 3.7 Intersection with Green Valley Rd. Continue straight across.
Cross Folsom Lake (American River empties into Lake at this point).
- 9.4 Road narrows here. Begin 3.6 mile climb.
Bathrooms available on north side of bridge in parking lot.
- 13.1 Top of climb. Rolling hills next mile.
- 15.5 Watch for sign that points to Highway 49. Turn right on Salmon Falls Cut-Off Rd. (follow sign)
- 15.6 Intersection with Highway 49. Turn Right.
- 22.2 Enter Coloma (food, services).
- 22.7 Cross American River. Immediately after crossing river, turn Right on Lotus Rd.
- 24.0 Start 2.0 mile climb up Lotus Rd.
- 26.0 Top of climb. Intersection with Gold Hill Rd (not shown on map). Continue straight. Road descends for next two miles. Traffic starts to increase here.

- 29.6 Intersection with Green Valley Rd. Turn towards Right (“Y” intersection).
- 30.2 Green Valley Road turns sharply towards Right (if you were to continue straight the road becomes North Shingle Springs Rd.). Brief, but steep uphill at this point.
- 30.6 Top of hill. Small descent follows.
- 31.0 Town of Rescue (groceries). Alternate on Deer Valley Rd starts here.

→ Main Route: Continue on Green Valley Rd (shorter, but more traffic)

- 31.0 Gradual 2.0-mile climb starts to Cameron Park.
- Intersection with Cameron Park Dr (not shown on map). Groceries and general facilities available here.
- 33.7 Continue straight on Green Valley Rd.
- 38.6 Intersection with El Dorado Hills Blvd (on left) and Salmon Falls Rd (on right). Turn Left onto El Dorado Hills Blvd.
- 42.3 Ride ends at corner of Serrano Parkway and El Dorado Hills Blvd.

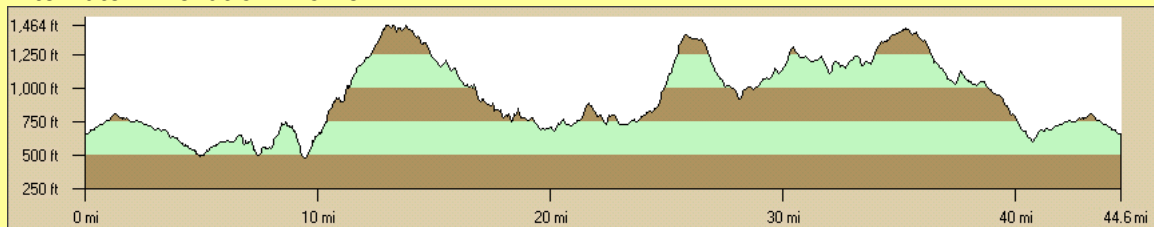
Alternate 1 Elevation Profile



→ Alternate 2: Deer Valley Rd (lighter traffic, but a few more hills)
 Adds 2.3 miles to ride and about 400' additional climbing, but traffic much lighter and more scenic ride).

- 31.0 Turn Right onto Deer Valley Rd. Lighter traffic now. Rolling hills next 3 miles
- 34.0 Begin 1.4 mile climb
- 35.4 Top of climb.
- 38.1 Deer Valley Rd ends. Turn Right on Green Valley Rd.
- 40.9 Intersection with El Dorado Hills Blvd (on left) and Salmon Falls Rd (on right). Turn Left onto El Dorado Hills Blvd.
- 44.6 Ride ends at corner of Serrano Parkway and El Dorado Hills Blvd.

Alternate 2 Elevation Profile



Disclaimer: This document is for informational purposes only. No liability is assumed – please check locally for latest riding conditions. Detours, weather conditions, traffic densities vary constantly. Please be cautious when riding, wear a bicycle helmet and obey all traffic laws.